

## PRAYER FOCUS - Change



### ***CHANGE CAN BE HARD BUT YOU DON'T HAVE TO FACE IT ALONE***

*"The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged."* Deuteronomy 31:8

Change is part of life. It could be as simple as the weather, or the evenings getting darker earlier. Sometimes change is welcome- a change that improves life. But sometime there can be change that is not welcome or easy.

Sometimes we struggle to adapt to change and it can cause us to be afraid.

The reading reminds us that at every turn God is with us- Emmanuel. In every day, every tear, smile, uncertainty, situation and circumstance, He is there walking alongside. Though all around may change, when darkness surrounds us, when joy is dim, God promises never to leave us alone. Wherever you go God goes with you- to comfort, strengthen and bring you hope and peace.